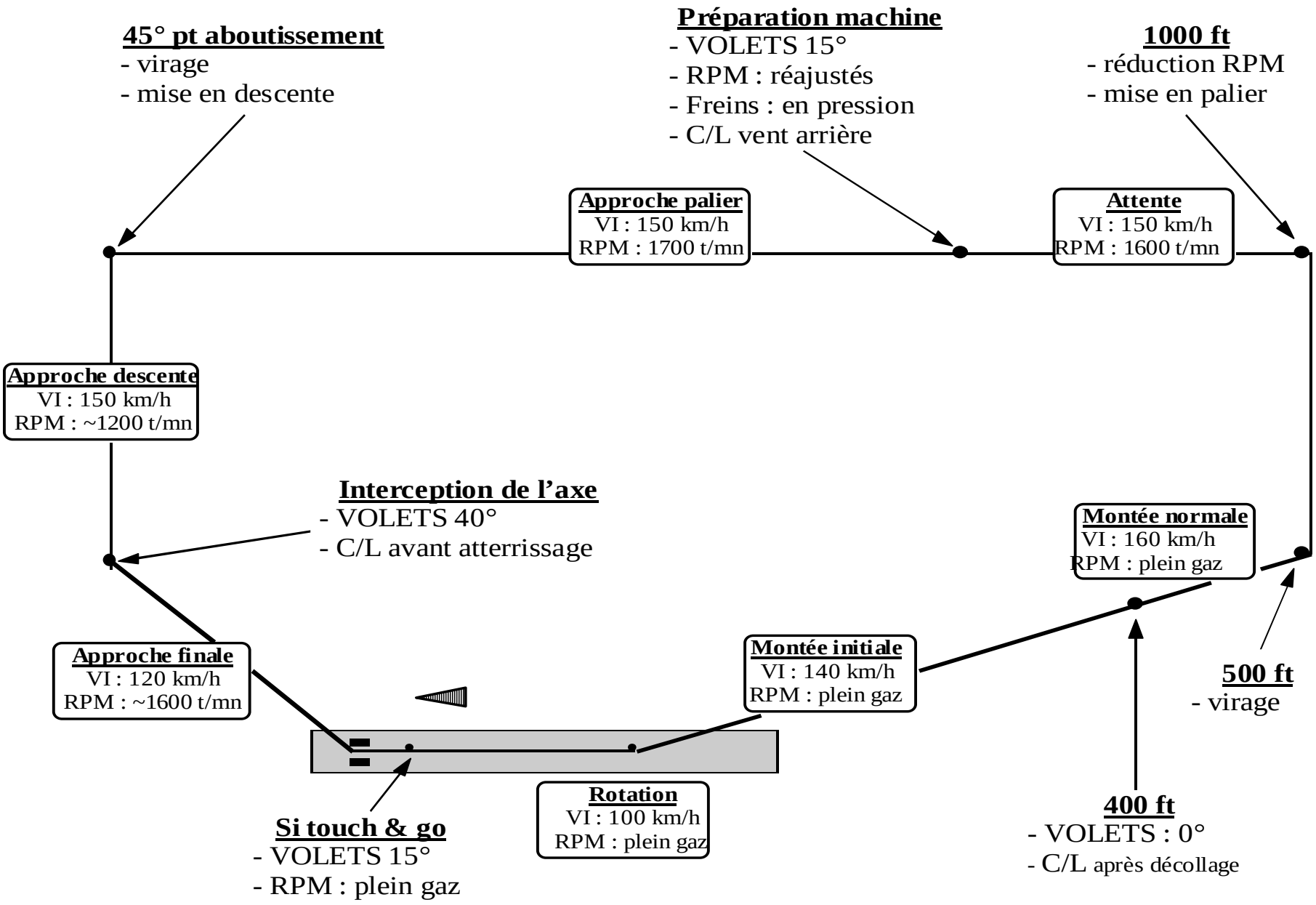TOUR DE PISTE CAP 10